



AL SHIFA COLLEGE OF PARAMEDICAL SCIENCES

(Approved by DME, UGC 2(f), Govt. of Kerala & Affiliated to Kerala University of Health Sciences)
PERINTHALMANNA, MALAPPURAM



NEWS LETTER

January to June
2025



VISION

To be the leading institution offering world-class education and training in paramedical sciences, producing exceptional professionals such as Medical Laboratory Technicians, Optometrists, Radiographers, Anesthesia Technicians, etc. These professionals will excel in their fields, becoming leaders who contribute meaningfully to their communities, nation, and the world. We aspire to shape individuals of the highest moral integrity who will make impactful contributions to healthcare.

MISSION

- Contribute to social and economic upliftment while enhancing the quality of life for all.
- Maximize human welfare through education, developing knowledge workers, practitioners, and educators committed to creating a better society.
- Provide individualized, professional learning experiences tailored to each student.
- Cultivate critical thinking, analytical abilities, and creativity in students.
- Enrich the curriculum with teamwork, leadership, persuasive communication, societal concern, and ethics.

Al Shifa College of Paramedical Sciences

Al Shifa College of Paramedical Sciences, established in 2004, is an ISO 9001-certified institution approved by the Government of Kerala and affiliated with KUHS. Located in Perinthalmanna, it offers degree and diploma programs in paramedical sciences, supported by modern infrastructure, experienced faculty, and a serene campus. Clinical training is conducted at KIMS Al Shifa Healthcare, a NABH-accredited 650-bed tertiary hospital, ensuring students gain practical expertise for successful healthcare careers.



Message From Managing Trustee

Dr. P UNNEEN

Managing Trustee, Shifa Medicare Trust

It is with great pleasure that I address you all in this latest edition of Phoenix Reviews. As we navigate through an ever-evolving landscape in healthcare, I am proud to witness the unwavering dedication and resilience demonstrated by our students, faculty, and staff.

This quarter has been marked by significant accomplishments and milestones. Our students continue to excel, not only in their academic pursuits but also in their clinical practice, embodying the compassionate and skilled care that is the hallmark of our institution. I am continually inspired by the commitment to making a difference in the lives of your patients and communities.

As we reflect on these successes, it is important to acknowledge the collective efforts of our community. Every achievement is a result of the hard work and dedication of our students, faculty, and staff. I extend my heartfelt gratitude to each one of you for your contributions.

Message From Principal

Prof.(Dr.) SUDHEESH.K

Principal, Al Shifa College of Paramedical Sciences



Dear Students, Faculty, and Esteemed Readers,

I am immensely pleased to present this edition of the Alshifa College of Paramedical Science Newsletter. Reflecting on our achievements, it is heartening to see how far we've come in shaping the future of healthcare through education, research, and community service.

At Alshifa, we strive to provide our students with not just academic excellence but also the skills and values necessary to excel in the ever-evolving healthcare landscape. The field of paramedical science is integral to the healthcare system, and our mission remains focused on creating skilled professionals who will make meaningful contributions to the well-being of society.

I am immensely proud of the hard work and dedication shown by both our students and faculty. As we move forward, let us continue to foster a spirit of innovation, collaboration, and compassion in everything we do. Together, we will continue to set new benchmarks of success and service to humanity.

I hope this newsletter inspires all of you to remain committed to your journey of learning, growth, and making a positive impact on the world.

Thank you for being a part of the Alshifa family!

Message from the Editor's Desk

Dear Readers,

Welcome to this edition of Phoenix Reviews, where we celebrate the dedication, perseverance, and compassion of our nursing students as they embark on their journey to becoming skilled healthcare professionals. Nursing is more than a profession—it is a calling that requires unwavering commitment, empathy, and a lifelong passion for learning.

In this issue, we take pride in highlighting the remarkable achievements of our students and faculty, sharing exciting developments within our college, and showcasing the dynamic learning environment that fosters excellence in nursing education. As the healthcare landscape continues to evolve, we remain steadfast in our mission to equip our students with the knowledge, skills, and values necessary to provide exceptional patient care.

We invite you to explore this edition and be inspired by the stories of resilience, innovation, and dedication that define our nursing community.

Happy reading!

Members of Editorial Board

PATRON



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Managing Trustee, Shifa Medicare Trust

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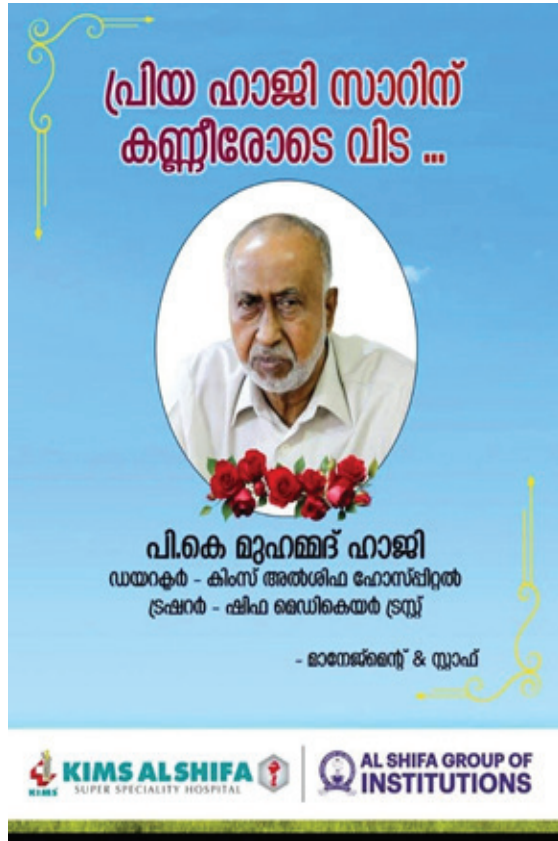
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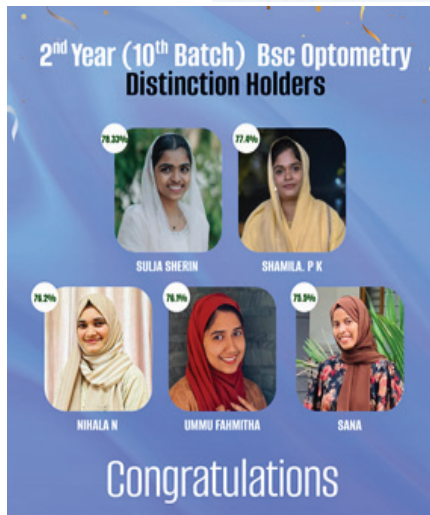
Condolences



We deeply mourn the passing of our beloved P.K. Muhammed Haji, Director of KIMS Al Shifa Hospital and Treasurer of the Shifa Group of Institutions, Perinthalmanna. His life was a shining example of compassion, vision, and dedication, touching countless hearts through his service and leadership. His guidance and kindness will always be remembered with love and gratitude. Our heartfelt condolences to his family. May his noble soul rest in eternal peace.

— Management and Staff, KIMS Al Shifa Hospital & Al Shifa Group of Institution

Achievements



New year

The New Year was ushered in with joy and enthusiasm at Al Shifa College of Paramedical Sciences. On January 1st, 2025, the Principal, Prof. Dr. K. Sudheesh, led the celebrations by cutting the New Year cake, marking the beginning of another exciting year for the college.

The event was filled with festive spirit, bringing together staff and students to celebrate the occasion and foster a sense of community within the institution.



Induction programme

The event is the Induction Programme for the 21st batch of the Diploma in Medical Laboratory Technology (DMLT), the 21st batch of Diploma in Ophthalmic Technology (DOTAT), and the 20th batch of Diploma in Radiological Technology (DRT) at Al Shifa College of Paramedical Sciences (ACPMS).

The programme will be inaugurated by Mr. P. Hamza, the Chief Executive of Shifa Medicare Trust, and will be presided over by Prof. Dr. Sudheesh K, the Principal of the college.

Dr. Mohammed Yahiya, the Academic Mentor of the college, and Mr. Suhail Hamza, the General Manager of Shifa Medicare Trust, will also deliver special addresses.

The event is scheduled for January 9, 2025, at 10:00 AM and will take place at the ACPMS Auditorium. This induction marks the beginning of a new academic journey for the incoming students.



Campus interview

Al Shifa College of Paramedical Sciences is organizing a Placement Cell for DOTAT students on 14th January 2024 at 9:00 AM. The event will be held at the ACPMS Auditorium.

This session aims to provide valuable placement opportunities and career guidance to the students.



Pain and Palliative Awareness Day

Al Shifa College of Paramedical Sciences organized Palliative Care Day on January 15, 2025, to raise awareness about palliative care and provide medical support to the community. The event included a free medical camp held at Thanneerpanthal, Pathaikkara, from 9 AM to 5 PM. The camp offered essential health services and information on palliative care for those in need.

The event was inaugurated by Sumesh Sudhakaran, the Station House Officer of Perinthalmanna Police Station. This initiative was aimed at promoting health awareness and offering care to those requiring palliative support.



Nss Orientation

The NSS Orientation Programme organized by Al Shifa College of Paramedical Sciences is scheduled for 16th January 2025 at 10:00 AM in the ACPMS Auditorium. The session will be led by Mr. Jiss George, the NSS Programme Officer at Al Shifa College of Nursing.

The programme aims to introduce students to the National Service Scheme (NSS), highlighting its objectives, significance, and the opportunities it provides for community service and personal development. This orientation will offer an understanding of how students can participate in various NSS activities, fostering social responsibility and a sense of volunteerism.



Farewell Party

Farewell party for Mrs. Sumithra, who has served as the housekeeping staff at Al Shifa College of Paramedical Sciences for 18 years. During the event, the General Manager, Mr. Suhail Hamza, the College Principal, Prof. Dr. Sudheesh K, the Administrator Mr. Suresh Kumar, and other staff members will be giving her a memento and gift to honor her service.



Thank you for being with us dear Sumithra...
AL SHIFA COLLEGE OF PARAMEDICAL SCIENCES



NSS Special Camp

Al Shifa College of Paramedical Sciences (ACPMS) organized a special NSS camp from January 21 to 28, 2025, aimed at serving the community and promoting social responsibility among students. The camp involved a variety of activities, including a village survey, visits to the Saketham Old Age Home, and service-oriented projects in local communities.

Prominent resource persons, including Prof. Jansan Mathew (Vice Principal of Al Shifa College of Nursing), Mr. Mohd Abdul Shukkur C H (Associate Professor, Department of Biochemistry), and Mrs. Ameena Kukku (Associate Professor, Department of Optometry), led the camp and interacted with participants.

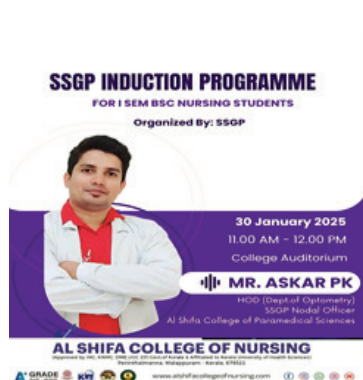
The event was inaugurated by Perinthalmanna Circle Inspector (CI), Mr. Anoop, and was presided over by Dr. K Sudheesh, Principal of ACPMS, who emphasized the importance of community service and youth participation in societal development.

This initiative highlighted the college's commitment to nurturing compassionate healthcare professionals and contributing to the welfare of the community.



SSGP Induction Programme

The SSGP Induction Programme is designed to introduce first-semester B.Sc. Nursing students to the various support systems available at the college. This session will provide essential information and guidance for a smooth academic journey. The program will be conducted by Mr. Askar P K, Head of the Department of Optometry and SSGP Nodal Officer at Al Shifa College of Paramedical Sciences.



Fresher's Party

Al Shifa College of Paramedical Sciences is hosting a special fresher's party, Anokha, to welcome the 16th MLT Batch. The event is a vibrant and engaging celebration aimed at introducing the new students to the college community, helping them build connections, and making their transition to college life memorable. The party will be filled with fun activities, music, and a chance to interact with peers and faculty. Organized by the Students Support and Guidance Programme, it promises to be a fantastic start to the academic journey.



Leprosy Day

On the occasion of World Leprosy Day, an awareness programme was organized at Al Shifa College of paramedical science. The event was inaugurated by the principal, Prof (Dr) sudheesh sir, who spoke about the importance of understanding and supporting people affected by leprosy. Following the inauguration, Resource person Dr Ann Taisy George delivered a talk on advances in laboratory diagnosis and treatment of leprosy



Medical Camp At Chethalloor

Al Shifa College of Paramedical Sciences is organizing a Medical Camp at NNMUP School, Chethallur on 31st January 2025 at 9:00 AM. The camp will offer free health services including vision tests, height, weight, and body mass index assessments, blood pressure monitoring, an awareness class on health, and an exhibition. This initiative aims to promote health awareness and provide essential medical check-ups to the local community.



Students Welfare Association 2024-2025

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STUDENTS WELFARE ASSOCIATION 2024-25

 MOHAMMED THOUFEEK PRESIDENT	 MUHAMMAD ARSHAD SECRETARY	 SINIYA ABDUL NAZAR TREASURER
 JAZNA VICE PRESIDENT	 RAHEEMA SULTHANA JOINT SECRETARY	

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Industrial Visit- Kodaikanal

It sounds like you're referring to an industrial visit planned for second-year B.Sc. Optometry students at Al Shifa College of Paramedical Sciences on January 31, 2025. Industrial visits are great opportunities for students to gain practical exposure to the professional environment and understand real-world applications of their academic learning.

Would you like help in preparing a report or presentation for this visit, or is there anything else you'd like assistance with regarding the event?



Medical Camp @ Poothamkode

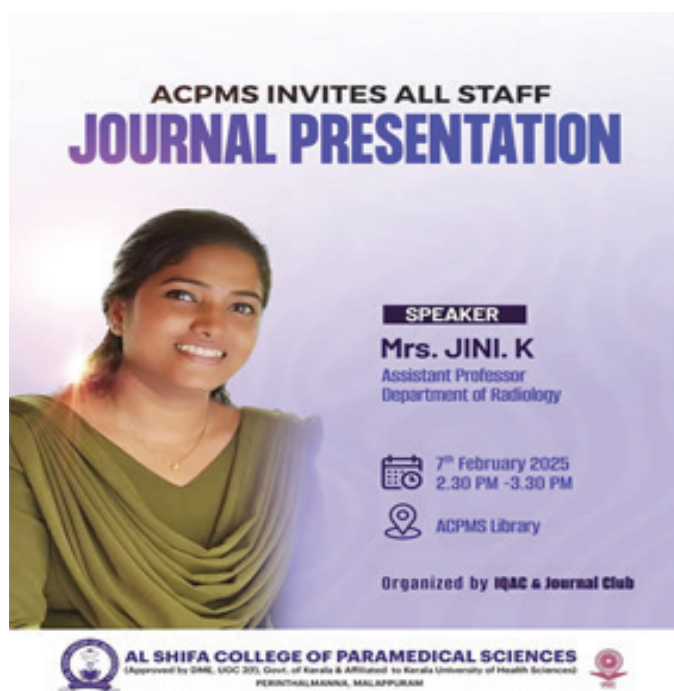
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The event was inaugurated by Sumesh Sudhakaran, the Station House Officer of Perinthalmanna Police Station. This initiative was aimed at promoting health awareness and offering care to those requiring palliative support.



Journal Presentation

We are pleased to invite all staff to a Journal Presentation by Mrs. Jini K, Associate Professor, Department of Radiology. The session will take place on 7th February 2025 2:30 PM - 3:30 PM at ACPMS Library. The event is organized by the IQAC and Journal Club.



Vice Principal Post

Mr. Askar PK, the Head of the Optometry Department at Al Shifa College of Paramedical Sciences, being promoted to the Vice Principal position. Congratulations to him!



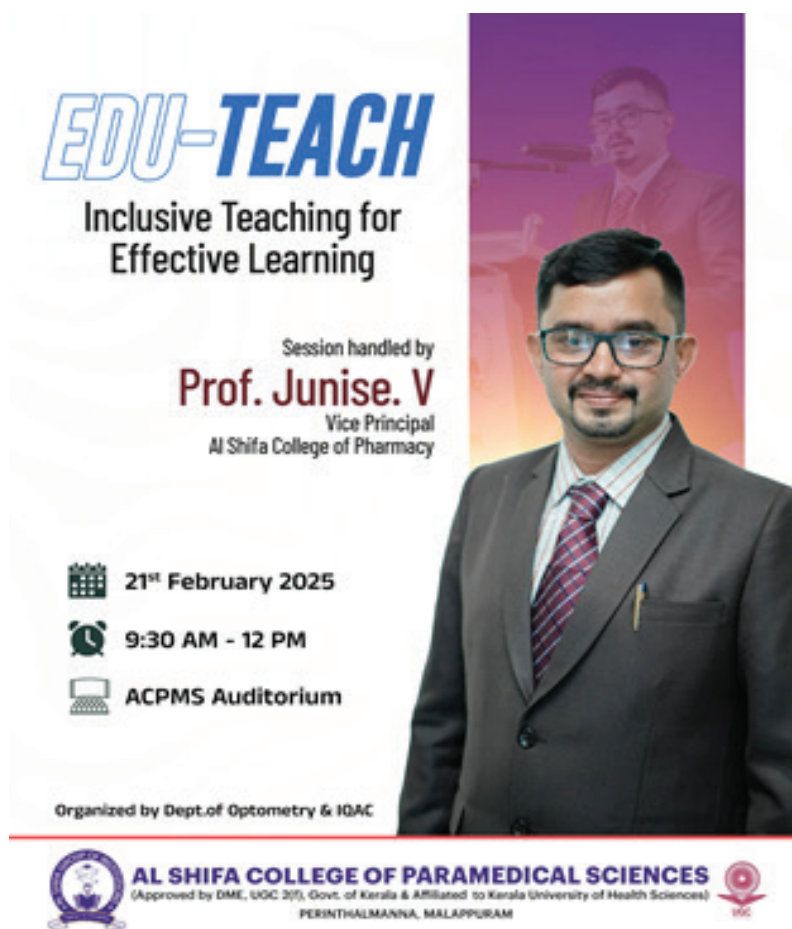
Medical Camp at Keezhattoor

Al Shifa College of Paramedical Sciences, KIMS Al Shifa Super Speciality Hospital, and Govt. Medical College Manjeri are organizing a free medical camp at the ACAS Campus on 13TH February 2025 at 10:00 AM. The camp will offer various health services, including medical consultations, dental check-ups, eye check-ups, and a blood donation.



Edu-Teach Inclusive Teaching For Effective Learning

The Edu-Teach Program, scheduled for 21st February 2025, is an educational initiative organized by the Department of Optometry and IQAC of Al Shifa College of Paramedical Sciences. The program aims to provide valuable insights into the evolving field of paramedical sciences. The session will be led by Prof. Junise V, Vice Principal of Al Shifa College of Pharmacy, and will cover key topics related to healthcare education and its application in the current academic and clinical environment. This event will take place from 9:30 AM to 12:00 PM at the ACPMS Auditorium.



EDU-TEACH
Inclusive Teaching for Effective Learning

Session handled by
Prof. Junise. V
Vice Principal
Al Shifa College of Pharmacy

21st February 2025
9:30 AM - 12 PM
ACPMS Auditorium

Organized by Dept. of Optometry & IQAC

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Medical Camp At Pandikkad

That's fantastic! It looks like AL Shifa College of Paramedical Sciences is making a significant impact in the community by organizing a free medical camp. It's great to see students, particularly those from the BSc Optometry program, getting involved in such initiatives.

Do you have any specific details you'd like to highlight about the camp, like the services being offered or how people can participate? Or would you like help crafting a more formal announcement or poster for the event?



Journal Presentation

Al Shifa College of Paramedical Sciences invites you to a Journal Presentation by Fazeela Haneefa, a 3rd-year BSc MLT student from the 14th batch. This session is organized by the Internal Quality Assurance Cell (IQAC) and the Students Journal Club to encourage academic discussions and knowledge sharing in the field of paramedical sciences. The programme conducted on 3rd March 2025 2:00 PM- 3:00 PM at ACPMS LIBRARY



Khayyam Iftar Meet

It sounds like a special event is being organized at Al Shifa College of Paramedical Sciences! The Iftar Meet on March 6th, 2025, at 6:30 PM, hosted by the Student Welfare Association, seems like a great opportunity for both students and staff to come together and celebrate. Iftar events are always a time of unity and community, especially when they include both students and faculty members.



Staff Journal Presentation

The Faculty Journal Presentation at Al Shifa College of Paramedical Sciences is an intellectual gathering aimed at fostering academic discussions and research sharing. The event will feature Mrs. Aiysha Farhana, Lecturer in the Department of DOTAT, who will present her insights on a relevant topic in the field. This presentation provides an excellent platform for faculty to engage with contemporary issues in paramedical sciences and contribute to the academic community.

The event is organized by the Internal Quality Assurance Cell (IQAC) and the Journal Club, reflecting the college's commitment to promoting research, continuous learning, and academic excellence.



Saketham Old Age Home Visit

Sharing smiles and stories at saketham old age home, Angadippuram. Our 3rd year Bsc MLT students from Al shifa College of Paramedical Sciences had the Privilege of spending time with some truly amazing individuals.



Women's Day

Al shifa college of paramedical sciences celebrates WOMEN'S DAY on March 8 2025



Self Deffence Training Programme

Al Shifa College of Paramedical Sciences, in collaboration with the NSS Unit, is hosting a Self-Defense Training Programme on March 11, 2025, at 10:30 AM in the ACPMS Auditorium. This program is designed to help participants learn the fundamentals of self-defense and develop essential skills for personal safety.

Mr. Kyoshi Subash M K, a highly experienced martial artist, will be the resource person for the event. He brings years of expertise in martial arts and self-defense, making him an ideal guide to teach practical techniques for personal protection. His session will focus on building confidence, teaching effective defense strategies, and raising awareness of how to handle various situations that may pose a threat.



Nio Visit

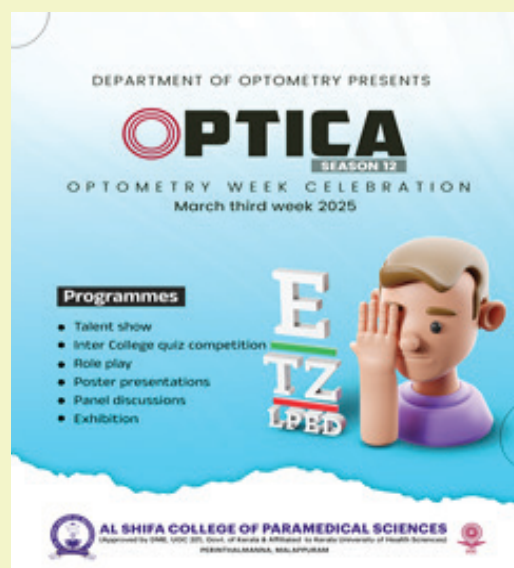
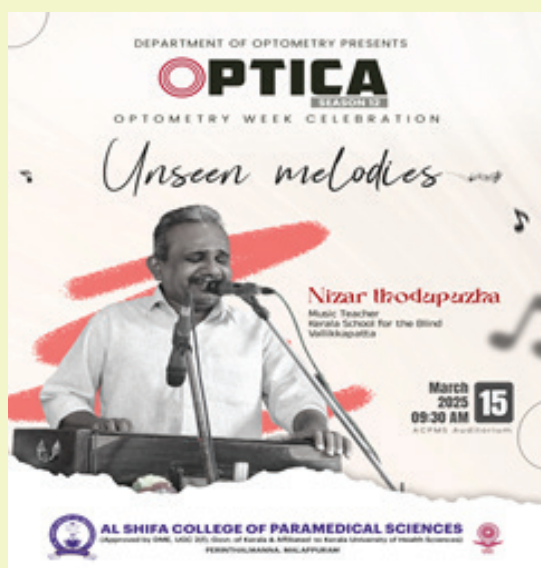
Students of Bsc Optometry 3rd year (10th Batch) is visited national institute of oceanography. The National Institute of Oceanography(NIO), a constituent laboratory of the Council of Scientific & Industrial Research (CSIR), is a self-governing research organization in india focused on studying the oceanographic features of the Indian Ocean, with its headquarters in dona paula, Goa.



Optica Season 12

Optometry department of Al shifa College of paramedical sciences decided to celebrate Optometry week "OPTICA" Planned programmes includes Talent show, role play, exhibition, poster presentation, inter College quiz competition, panel discussions etc.

Day 1 Optica will start with "unseen melodies" by music teacher of Kerala blind school Nizar thodupuzha on 15th march 2025 at ACPMS auditorium. And other programs will be conducted from 19th march onwards



Optica Season 12 (Inter College Photography Contest)



Optica Season 12 (Panel Discussion)

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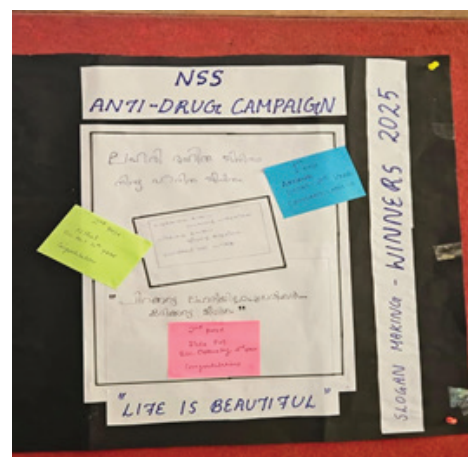
Anti-Drug Campaign



Poster Making Competition

As part of our Anti-Drug Awareness Programme, we are organizing a Reels and Poster Making Competition to engage students in spreading awareness about the harmful effects of drug abuse. Kindly request you to inform and encourage all students to actively participate in this initiative.

Nss Anti-Drug Campaign Slogan Making Competition Winners



Physical Fitness Assessment Initiative

The NSS unit of Al Shifa College of Paramedical sciences has initiated a Physical fitness Assessment for students as per KUHS guidelines. The assessment includes BMI, Push-ups, Partial Curl-ups, Broad jump, Flamingo Test, Sit & Reach, Run –a –Mile test, and Fitness Index Score. Each student receives a Physical Assessment Card based on their performance. This initiative aims to promote health awareness and encourage students to maintain optimal fitness levels.



Pta Meeting 10th Batch Bsc Optometry

The Parent-Teacher Association (PTA) Meeting for the 10th Batch B.Sc. Optometry students of Al Shifa College of Paramedical Sciences will be held on 4th April 2025 at 10:00 AM in the ACPMS Auditorium. This meeting is organized to strengthen the collaboration between faculty and parents by discussing students' academic progress, clinical training, and overall development. Active participation is highly encouraged to ensure continued support and success of the students.



Discover X Research & Beyond

Special Session on "How to Publish an Article in a Peer-Reviewed Journal"

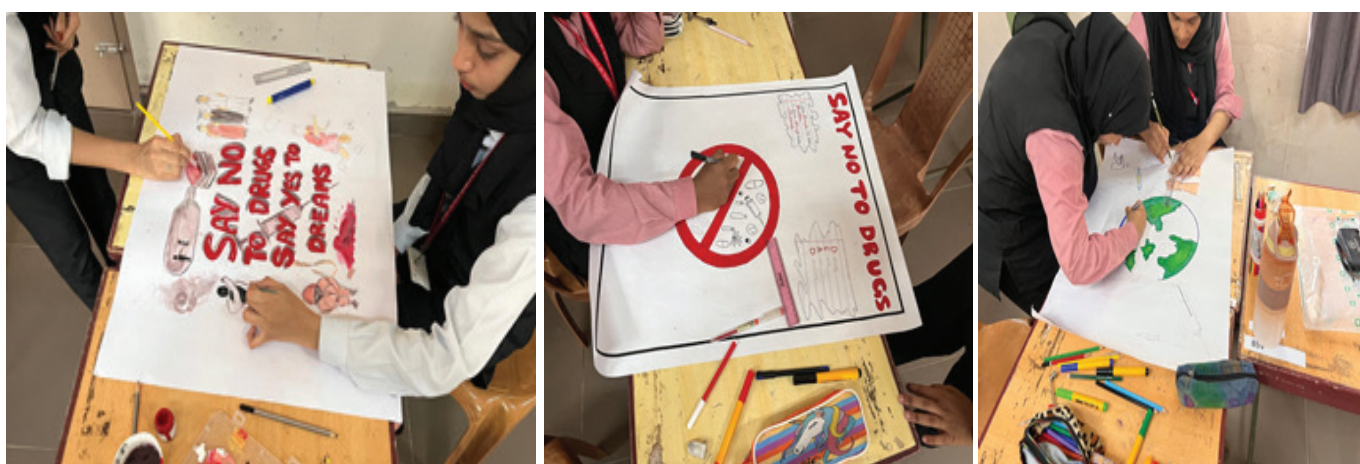
The session will be led by Dr. Dilip, a distinguished academician and Principal of alshifa college of Pharmacy . With his extensive experience in scientific research and academic publishing, Dr. Dilip will provide valuable insights into the process of preparing, writing, and submitting articles for publication in reputed peer-reviewed journals.

Budding researchers to gain first-hand knowledge from an expert in the field.



Drug Abuse Awareness Programme

As part of the Drug Abuse Awareness Program, Al shifa College of Paramedical Sciences organized a poster competition on 8th April 2025. The event aimed to spread awareness about the dangers of drug abuse and to encourage students to make positive life choices by focusing on their goals and aspirations. The theme of the competition, "Say No to Drugs, Say Yes to Dreams", inspired participants to creatively express the importance of leading a drug-free life. Students from various departments showcased their artistic talents, conveying powerful messages through vibrant and thought-provoking posters.



International Laboratory Week Celebration (Diagnora)

Lab Week-21-27 APRIL

MEDICAL CAMP(DAY 2)

In connection with World Laboratory Week, the Department of Medical Laboratory Sciences, Perinthalmanna, organized a one-day free Mega Medical Camp on 22nd April 2025(Tuesday) at AMLP School, Cherukara. The camp was inaugurated by College Principal Prof.(Dr) Sudheesh. Key highlights included an awareness session, blood tests, vision tests, and an exhibition.

The awareness class was inaugurated by Block Member Nalakath Shoukath, with Ward Member Hairunnisa Teacher presiding. Health Inspector Husainar led the session. A student-led exhibition was a major attraction. Faculty member's fahmid, shukoor, and Suchithra coordinated the camp. College authorities announced that upcoming programs will include a blood donation camp and quiz competition. Vice Principal in-charge Askar and student Nihal delivered the vote of thanks.



Blood Donation Camp (Day 3)

In connection with World Laboratory Week, the Department of Medical Laboratory Sciences, Perinthalmanna, organized a voluntary blood donation camp on Wednesday, 23rd April 2025, at KIMS AI Shifa Super Specialty Hospital. The camp was inaugurated by the College Principal, Prof. (Dr) Sudheesh.

An awareness session for the blood donors was conducted by Dr. Shahina (MD Pathology, Blood Bank In charge, KIMS AI Shifa). Dr. jithesh (Lab In charge, KIMS AI Shifa Hospital) conveyed his best wishes for the program. Notably, around twenty female students from AI Shifa College actively participated in the blood donation camp, making the event particularly commendable.





Nadeera Banu.V

Department of Optometry

Al Shifa College of Paramedical Sciences

Contact Lenses That Deliver Drugs for Eye Conditions

Contact lenses are primarily used to correct vision problems like refractive errors, keratoconus, etc. However, they are also commonly used for cosmetic reasons, like enhancing the colour of normal eyes. Now a piece of good news comes from the University of Waterloo, Canada researchers, who developed 3D-printed hydrogel-loaded contact lenses that deliver medication continuously while worn.

The silicone-based hydrogel is durable and flexible and can encapsulate drugs like amoxicillin, maintaining stability for over a month. This innovation could replace traditional eye drops, improving treatment effectiveness and convenience for patients with eye conditions. The team of researchers – which spans Waterloo's Department of Chemistry and its School of Optometry and Vision Science – created a new type of hydrogel that can deliver drugs to patients with various eye issues when 3D printed onto a contact lens.

Hydrogel, a type of gel that can retain significant volumes of water, is silicone-based and can help control the amount of medication a person would need, continuously delivering it

as long as the contact lens is worn.

Using these hydrogel-loaded contact lenses could help physicians reduce pain and the number of times the patient has to apply the drug, as the medication is delivered during normal contact lens wear.

“This concept is much more efficient and easier to comply with than using eye drops, which are often difficult to insert for patients and need frequent administration over the day,” said Lyndon Jones, a Waterloo professor in the School of Optometry and Vision Science and director of the Centre for Ocular Research & Education.

With their recently filed patent, the researchers aim to expand the use of contact lenses for treating eye illnesses.

Article Courtesy: Technology Network



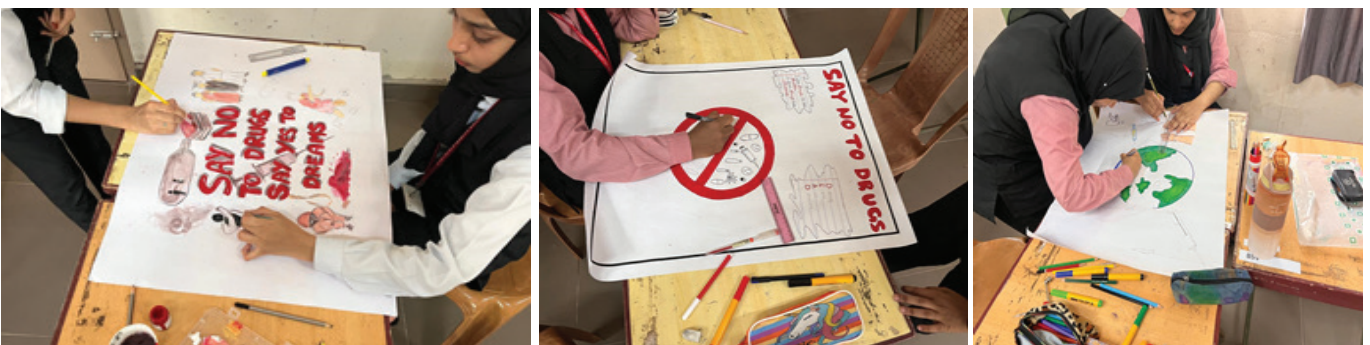
Exhibition And Short Film(Day 4)

In connection with World Laboratory Week, an exhibition was organized under the leadership of the Medical Laboratory Technology Department of Al Shifa College of Paramedical Sciences, Perinthalmanna, on Wednesday, 24th April 2025, at the college auditorium. The event was inaugurated by Mr. Abdurasaq(Secretary, Shifa Medi Care Trust). Mr. Suhail Hamsa (General Manager, Shifa Medi Care Trust) and Mr. Nahas Abdul Rasdaq (Manager-Relationship & Placement) also graced the occasion with their presence.



Drug Abuse Awareness Programme

As part of the Drug Abuse Awareness Program, Al shifa College of Paramedical Sciences organized a poster competition on 8th April 2025. The event aimed to spread awareness about the dangers of drug abuse and to encourage students to make positive life choices by focusing on their goals and aspirations. The theme of the competition, “Say No to Drugs, Say Yes to Dreams”, inspired participants to creatively express the importance of leading a drug-free life. Students from various departments showcased their artistic talents, conveying powerful messages through vibrant and thought-provoking posters.



Inter-College Quiz Competition

As part of International Laboratory Week, an Inter-College Quiz Competition will be held on Friday, 25th April 2025, from 10:00 AM to 12:00 PM at the Al Shifa College Auditorium. Students from various colleges will compete in a fun and challenging quiz covering science and general knowledge. The winner will receive a cash prize of ₹1000



Orientation Class (Future-Proofing Lab Skills)

An insightful orientation session titled “Future Proofing Lab Skills- Emerging Trends in Clinical Biochemistry” was successfully conducted at Al Shifa College of Paramedical Sciences (ACPMS). The session was led by Dr. jithesh, Professor at MES Medical College, Perinthalmanna, a renowned expert in the field of Clinical Biochemistry. The program was inaugurated by Prof. Dr. Sudheesh k, Principal of ACPMS, who emphasized the importance of adapting to emerging technologies and innovations in laboratory sciences to remain future-ready. The session was chaired by Ms. Binsha, Assistant Professor, Department of Biochemistry, ACPMS, who highlighted the critical role of continuous learning for students and professionals in the dynamic field of



Zumba Session

Al Shifa Paramedical College is excited to invite all students and faculty members to a vibrant and energizing Zumba session at Cruxlife, Perinthalmanna, on Monday, April 28, from 3:00 PM to 3:30 PM. This 30-minute session will be led by Trainer Praveena, a certified Zumba and fitness coach, who will guide participants through a series of fun, easy-to-follow dance moves designed to boost physical fitness, reduce stress, and uplift your energy levels. Whether you're a beginner or a seasoned fitness enthusiast, this is a great opportunity to unwind, connect, and get moving together. Don't miss out on the rhythm, movement, and fun—come join the Zumba party!



Library Induction Programme

Al Shifa College of Paramedical Sciences will conduct a Library Induction Programme on Saturday, May 2025, from 3:00 PM to 4:00 PM at the ACPMS Library. The session will introduce staff to DELNET and OPAC, led by Ms. Reshma T, Librarian. Organized by the IQAC and Library Department, the programme aims to enhance awareness and usage of library resources.



Filim Fest

As part of our cultural activities, Al Shifa College of Paramedical Sciences is hosting a film screening on Saturday, 14 May 2025 at 2:00 PM in the ACPMS Auditorium. The featured movie is Chotta Mumbai, a popular Malayalam action-comedy known for its vibrant characters and entertaining storyline. All students and staff are welcome to join for an enjoyable cinematic experience.



PTA Meeting

The PTA meeting for the 11th Batch of BSc Optometry students was held on 4th June 2025 in the ACPMS Auditorium at Alshifa College of Paramedical Optometry. The purpose of the meeting was to discuss key aspects of the students' academic progress, address any concerns, and strengthen the collaboration between the parents and the institution for the benefit of the students.



Farewell Party of Prameela Madam

The farewell party for Prameela Madam was organized on 5th June 2025 to honor her dedicated service, valuable contributions, and lasting impact on the institution. The event served as an occasion to express gratitude, celebrate her professional journey, and bid her a warm farewell as she embarks on the next chapter of her life.



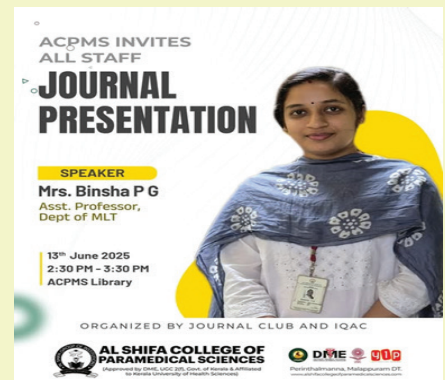
Environment Day

The Environment Day was celebrated at Alshifa College of Paramedical Science to raise awareness about the importance of environmental conservation and to encourage students, faculty, and staff to take active steps in preserving the planet. The event was organized by the National Service Scheme (NSS) and the Student Social Group of Paramedical Sciences (SSGP) on the college campus.



Journal Presentation

On 13th June 2025, Mrs. Binsha PG Assistant Professor Department of MLT presented a journal on the topic "The reality of dreams", focusing on the types of dreams, characteristics of dreams, quality of dreams. The presentation, held from 2:30 PM to 3:30 PM.



STUDENTS SUPPORT & GUIDANCE PROGRAMME(SSGP KUHS)

Nodal Officers



ASKAR.PK
ASSOCIATE PROFESSOR
DEPT.OF OPTOMETRY



THASNEEM.P
ASSISTANT PROFESSOR
DEPT. OF MLT

Congrats!



**AL SHIFA COLLEGE OF
PARAMEDICAL SCIENCES**
(Approved by DME, UGC 2B, Govt. of Kerala & Affiliated
to Kerala University of Health Sciences)



DME
Perinthalmanna, Malappuram DT.
www.alshifacollegeparamedicalsciences.com

Student Support & Guidance Programme (SSGP)

The Students Support & Guidance Programme (SSGP) under KUHS is a student-centered initiative designed to promote the holistic well-being of students by addressing their academic, emotional, psychological, and social needs. This report highlights the activities, achievements, and impact of the SSGP for the academic year 2025-2026

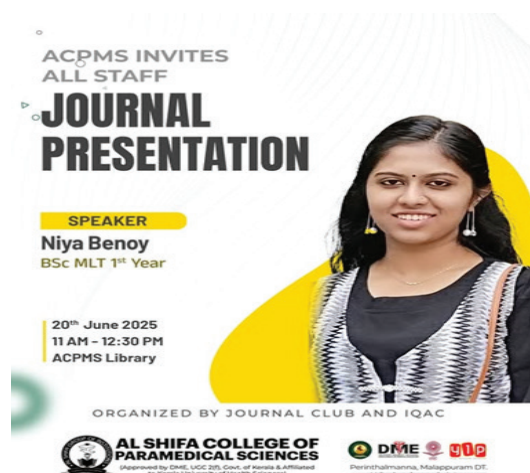
National Reading Day

National Reading Day is celebrated across India to honor the life and contributions of P.N. Panicker, the father of the Library Movement in Kerala. On 19th June 2025, the Readers Club (SSGP) and Library Committee of Alshifa College of Paramedical Sciences organized a meaningful event at the ACPMS Auditorium to commemorate this special day and promote the habit of reading among students.



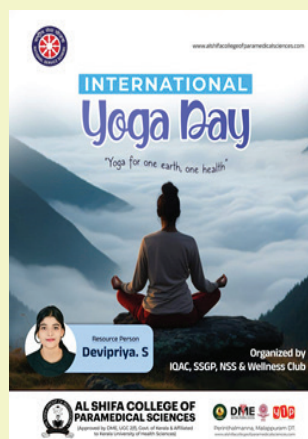
Journal Presentation

The Student Journal Club aims to enhance critical thinking and academic discussion through the review of current scientific literature. A session was held on 20th June 2025, from 11:00 AM to 12:30 PM at the ACPMS Auditorium, where students presented and discussed a selected journal article to promote evidence-based learning and peer engagement.



Yoga Day

International Yoga Day, celebrated annually on June 21st, highlights the importance of yoga in promoting holistic health and well-being. Yoga, an ancient Indian practice, not only enhances physical fitness but also nurtures mental and spiritual growth. Recognising its significance, Al Shifa College of Paramedical Sciences marked the occasion with a special programme jointly organised by SSGP NSS Unit, Internal Quality Assurance Cell (IQAC), and the Wellness Club.



PTA Meeting

The PTA meeting for the 13th batch of B.Sc. Medical Laboratory Technology (MLT) was conducted on 21st June 2025 at the ACPMS Auditorium. The meeting aimed to discuss academic progress, student well-being, and institutional developments, and to enhance collaboration between parents, faculty, and administration.



Ethnic Day

The Ethnic Day celebration, held on 25th June 2025 at the ACPMS Auditorium, was a vibrant display of cultural diversity, organized by the College Students in collaboration with the Cultural Club. The event brought together students, faculty, and staff to celebrate India's rich heritage through traditional attire, performances, and engaging activities. The occasion highlighted the unity in diversity that the college community cherishes, fostering an atmosphere of inclusivity and cultural pride.





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